

# Vegetable Oils for Health

**DATE** : 9 October 2015 (Friday)  
**TIME** : 8:00am - 4:00pm  
**VENUE** : International Medical University, Bukit Jalil, Kuala Lumpur Malaysia

This seminar brings together foreign and local experts to critically examine the latest evidence on the effects of edible oils on human health, and how these relate to the WHO recommendation on dietary fats and the Malaysian Dietary Guidelines for fat intake.

There is an afternoon forum session where participants can exchange views with experts from the Ministry of Health and the academia on whether our Malaysian Dietary Guidelines are outdated.

Block off your calendar on 9 October 2015 to make a date with the speakers and participants!

## OBJECTIVES

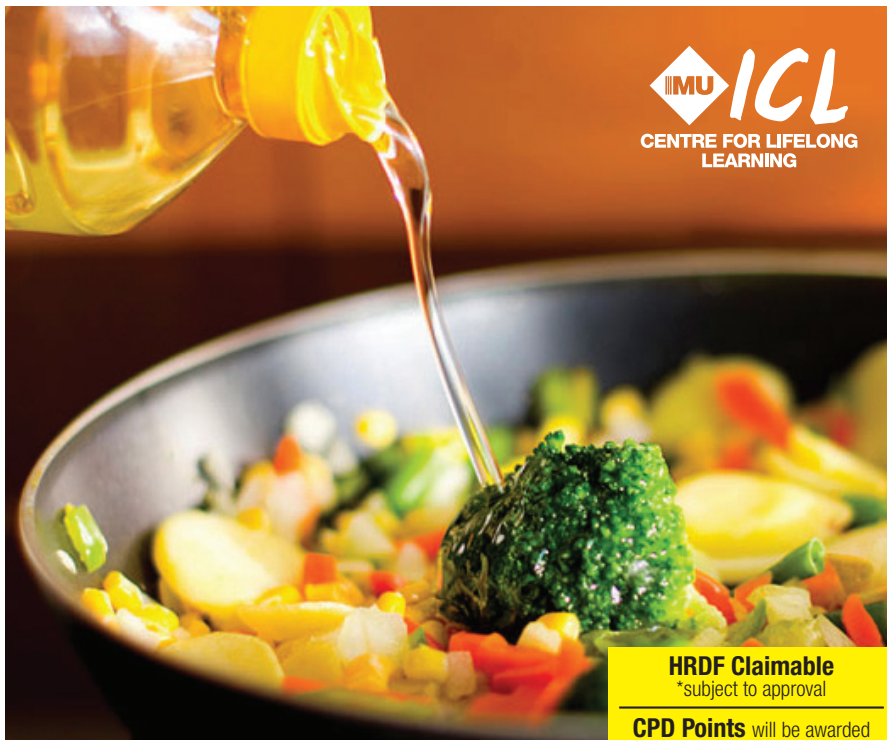
- To provide scientific updates on the impact of dietary fats on human health
- To understand the behaviours and safety concerns of different dietary fats
- To decipher the misconceptions and myths related to dietary fats
- To appreciate the roles of dietary fats in the prevention and treatment of diseases

## TARGET AUDIENCE

Health professionals (dietitians, nutritionists), medical doctors, academicians, scientists, researchers, undergraduate and postgraduate students and the interested layman

### CONTACT PERSON

Ms Liong Siao Lin / Janet Foo  
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## KEY FACILITATORS



Dr Welma Stonehouse is currently a Senior Research Scientist at CSIRO in the Nutrition and Health Sciences Programme. Dr Stonehouse's research focuses on nutritional interventions for the prevention of cardiovascular disease, enhancement of metabolic health and cognitive function. She is recognised for her expertise on omega-3 fatty acids including their health benefits, strategies to increase omega-3 status and assessment of intakes. She has published more than 70 papers in the peer-reviewed scientific literature and has an H-index of 15. In recognition of her outstanding contribution to nutritional science, she was recently presented with the Muriel Bell Award from the Nutrition Society of New Zealand in December 2013.



Tan Sri Augustine Ong is fondly referred to as the "Father of Malaysian Palm Oil", having been active in Palm Oil Research and Development for over 45 years since 1959. He received the Merdeka Award in 2012 for his significant role in advocating and promoting the Malaysian Palm Oil Industry to the world. Tan Sri has an amazing 14 patents in the technology of palm oil to his credit and published more than 380 scientific articles. He was the former Director-General of the then Palm Oil Research Institute of Malaysia (PORIM), is the Chairman of the International Society for Fat Research (ISF) since 1997, the President of the Malaysian Oil Scientists' and Technologists' Association (MOSTA), Senior Fellow of the Academy of Sciences, Malaysia, Fellow of the Royal Society of Chemistry London and Fellow of the Third World Academy of Sciences.



Dr Tony Ng has a 35-year stint as Research Officer at the Institute for Medical Research (IMR) where he retired in 2004 as the Head of the Cardiovascular, Diabetes and Nutrition Research Centre. Thereafter he joined the International Medical University (IMU) to help launch the Nutrition and Dietetics Programme in 2007/2008. Dr Tony obtained his PhD from University Malaya in 1988 working on the nutritional and biochemical properties of palm oil as a dietary fat. He has conducted several human feeding trials on edible oils and has published over a 100 scientific papers. Currently, he serves in several expert committees, including the National Technical Group on Nutritional Guidelines, the National Codex CCNFSDU Sub-Committee, IMU's Joint Research and Ethics Committee, and the Editorial Committee of the Malaysian Journal of Nutrition and IMU's eJSME online Journal.

## REGISTRATION FEE (inclusive of 6% GST)

**Regular: RM318**

**Student: RM223**

SCAN FOR MORE



**REGISTRATION FORM**

Name: \_\_\_\_\_ Nationality: \_\_\_\_\_

Gender: Male  Female  Title: Mr  Mrs  Ms  Prof  Dr  Other: \_\_\_\_\_

Organisation: \_\_\_\_\_

Department: \_\_\_\_\_ Position: \_\_\_\_\_

Tel No: ( ) \_\_\_\_\_ Fax No: ( ) \_\_\_\_\_ Mobile Phone No: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Please indicate whether this is your office or home address: Organisation  Home

Email: \_\_\_\_\_

Organisation's Website (if any): \_\_\_\_\_

Dietary Needs/Preference: Vegetarian  Non-Vegetarian

Are you an IMU Alumni member? Yes  No

**REGISTRATION FEE**

Regular  RM318 Student  RM223

**MODE OF PAYMENT**

Please tick your option:

- Cash
- Cheque\* (for Malaysian Banks only)
- Credit Card

I hereby authorise the processing of my card for the sum of (USD/RM): \_\_\_\_\_

Please complete the following sections. These details are required for security purposes.

Type of Card:  VISA  MASTERCARD Issuing Bank: \_\_\_\_\_

Cardholder's name (as it appears on the card): \_\_\_\_\_

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Card Security Code (3 digits found on reverse VISA / MASTERCARD)

Bank Draft\* Bank of Issue: \_\_\_\_\_ Date: \_\_\_\_\_ Total Amount (USD/RM): \_\_\_\_\_

\* Payable to IMU Education Sdn Bhd

**CANCELLATION POLICY**

- Any cancellation of registration must be made in writing to the Secretariat of Vegetable Oils for Health.
- There will be a 50% refund of registration fee for cancellation made before 9 September 2015.
- There will be a 30% refund of registration fee for cancellation made before 25 September 2015.
- There will be no refund of registration fee for cancellations made after 2 October 2015, however a substitute participant will be welcomed.
- The Organiser reserves the right to cancel or change the topic of the workshop, if for whatever reasons beyond its control, the workshop cannot be held as scheduled or the topics need to be altered.

**DECLARATION AND AUTHORISATION**

- I confirm that the above information is correct and I will inform IMU when there is any change to this information.
- I have read, understood and consent to the processing of my personal data as set out in the enclosed Privacy Notice.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**DISCLAIMER:**

The organiser reserves the right to make such alterations to the programmes as circumstances dictate and will not accept responsibility for any errors, omissions or changes made to the speakers' information. The views and opinions expressed by the speakers at this workshop are not necessarily the views and opinions of the organiser.

**FOR MORE INFORMATION, KINDLY CONTACT:**

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